



## Pubic Lice Infestation

### What are pubic lice?

Also called crab lice or "crabs," pubic lice are parasitic insects found in the genital area of humans. Infestation is common and found worldwide.

### How did I get pubic lice?

Pubic lice are usually spread through sexual contact. Rarely, infestation can be spread through contact with an infested person's bed linens, towels, or clothes. A common misunderstanding is that pubic lice are spread by sitting on a toilet seat. This isn't likely, since lice cannot live long away from a warm human body. Also, lice do not have feet designed to hold onto or walk on smooth surfaces such as toilet seats.

Infestation in a young child or teenager may indicate sexual activity or sexual abuse.

### Where are pubic lice found?

Pubic lice are generally found in the genital area on pubic hair; but they may occasionally be found on other coarse body hair, such as hair on the legs, armpits, mustache, beard, eyebrows, or eyelashes. Infestations of young children are usually on the eyebrows or eyelashes. Lice found on the head generally are not pubic lice; they are head lice.

Animals do not get or spread pubic lice.

### What are the signs and symptoms of pubic lice?

Signs and symptoms of pubic lice include

- Itching in the genital area
- Visible nits (lice eggs) or crawling lice

### What do pubic lice look like?

There are three stages in the life of a pubic louse: the nit, the nymph, and the adult.

**Nit:** Nits are lice eggs. They are hard to see and are found firmly attached to the hair shaft. They are about the size of the mark at the end of this arrow → '. They are oval and usually yellow to white. Nits take about 6-10 days to hatch.

**Nymph:** The nit hatches into a baby louse called a nymph. It looks like an adult pubic louse, but it is smaller. Nymphs mature into adults capable of reproducing about 2-3 weeks after hatching. To live, the nymph must feed on blood.

**Adult:** The adult pubic louse is about the size of this circle → ○ and resembles a miniature crab when viewed through a strong magnifying glass. Pubic lice have six legs, but their two front legs are very large and look like the pincher claws of a crab; this is how they got the nickname "crabs." Pubic lice are tan to grayish-white in color. Females lay nits and are usually larger than males. To live, adult lice must feed on blood. If the louse falls off a person, it dies within 1-2 days.

### How is a pubic lice infestation diagnosed?

A lice infestation is diagnosed by looking closely through pubic hair for nits, nymphs, or adults. It may be difficult to find a nymph or adult; there are usually few of them and they can move

quickly away from light. If crawling lice are not seen, finding nits confirms that a person is probably infested and should be treated. If you are unsure about infestation or if treatment is not successful, see a health care provider for a diagnosis.

### How is a pubic lice infestation treated?

A lice-killing lotion, shampoo, or mousee made of 1% permethrin or pyrethrin is recommended to treat pubic lice. These products are the same as those used to treat head lice and are available without a prescription at your local drug store. Medication is generally very effective; apply the medication exactly as directed on the bottle.

Malathion\* lotion 0.5% (Ovide\*) is another pediculicide that is available by prescription and is effective against pubic lice.

**How to treat pubic lice infestations:** (Note: see section below for treatment of eyelashes or eyebrows. The lice medications described in this section should not be used near the eyes.)

1. Wash the infested area; towel dry.
2. Carefully follow the instructions on or in the package. Thoroughly saturate hair with lice medication. If using permethrin or pyrethrins, leave medication on for 10 minutes. Thoroughly rinse off medication with water.
3. Following treatment, most nits will still be attached to hair shafts. Nits may be removed with a fine-tooth comb or fingernails.
4. Put on clean underwear and clothing after treatment.
5. To kill any lice or nits (attached to hairs) that may be left on clothing or bedding, machine-wash those washable items that the infested person used during the 2-3 days before treatment. Use the hot water cycle (130° F). Use the hot dryer cycle for at least 20 minutes.
6. Dry-clean clothing that is not washable.
7. Inform any sexual partners that they are at risk for infestation.
8. Do not have sex until treatment is complete.
9. Do not have sex with infected partners until partners have been treated and infestation has been cured.
10. Repeat treatment in 9-10 days if lice are still found.

### To treat nits and lice found on eyebrows or eyelashes:

If only a few nits are found, it may be possible to remove live lice and nits with your fingernails or a nit comb.

If additional treatment is needed for pubic lice nits found on the eyelashes, applying an ophthalmic-grade petrolatum ointment (only available by prescription) to the eyelids 2-4 times a day for 10 days is effective. Vaseline\* is a kind of petrolatum, but it should not be used because it is likely to irritate the eyes if applied.

*\* Use of trade names is for identification only and does not imply endorsement by the Public Health Service or by the U.S. Department of Health and Human Services.*

*This fact sheet is for information only and is not meant to be used for self-diagnosis or as a substitute for consultation with a health care provider. If you have any questions about the name of disease described above or think that you may have a parasitic infection, consult a health care provider.*

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